

Happy Mother's Day

May Newsletter



LOCAL EVENTS NEARBY

Live music - Cambridge Square Every Saturday 6-9PM

Come listen to live music in the square with free admission.

May 3rd - Six Strings & A Box

May 10th - Greystone Drive Band

May 24th - Probable Cause

May 31st - Marc Hanson



Nightfall Chattanooga - Miller Plaza 7PM - May 2, 9, 16, 23, and 30th

Free nightfall concert series kicks off May 2nd and held each Friday night until July 4th. Offering quality musical entertainment for you and your family!



Mothers Day Gala - The Commons May 10th - 10AM-4PM

Join us for a special celebration at the Mother's Day Gala – an art, craft, and farmers market. Don't miss the chance to create magical moments with your wonderful mother. ❤️



NEIGHBORHOOD ANNOUNCEMENTS

Beautification Update - BIG Shout out to our neighbors Jim Post and Jensen Hunt for getting our front fountain in tip top shape! This is the first time in years that the fountain has been fully operable. The repairs to the top of the fountain were on the inside!



New Addition to Newsletter - Special thanks to our neighbor Cindy who has volunteered to write a monthly health article for our newsletter.

Leash Laws - There have been several complaints in the neighborhood about pets being off the leash. Please be a courteous neighbor and keep dogs on a leash per the Collegedale leash law. Friendly reminder to pick up after our beloved pets to keep the neighborhood clean for fellow neighbors.



LAWN TIPS

Lawns benefit from continued spring care focused on fertilization, weed control, and preparing for the hot summer months. Key tasks include fertilizing warm-season grasses, spot-treating weeds, and potentially aerating to improve soil health.

Fertilizing: Warm-season grasses like Bermuda and Zoysia benefit from high-nitrogen fertilizers in May, while centipede grass needs less. Apply fertilizer according to label instructions to avoid burning the lawn.

Weed Control: Continue spot-treating existing weeds, especially those like crabgrass, which can be prevalent in the Southeast. Consider applying a post-emergent herbicide for broadleaf weeds.

Aeration: Aerating can improve soil health, allowing better water and nutrient absorption, but it's generally recommended to avoid aeration in the spring, especially in warm-season lawns, as it can create a breeding ground for weed seeds.

Mowing: Continue mowing regularly, maintaining the recommended height for your grass type. Consider raising the mower deck slightly in the heat of summer to keep the soil cooler.

Watering: Regular watering is crucial in May, especially as temperatures rise. Aim for 1 inch of water per week, through rain or irrigation.

Over-seeding: If you have bare spots or thinning areas, consider over-seeding with warm-season grass seed in late May.

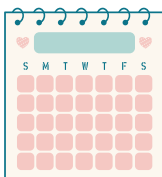
Summer Prep: Start preparing your lawn for the summer by addressing any potential pest issues, like mole crickets, and ensure proper drainage.

Pest Control: Monitor for pests like mole crickets, which can emerge and mate in early spring.

By following these tips, you can help ensure a healthy and thriving lawn throughout the Southeast summer.



CALENDAR REMINDERS



- 5/7 - Bulk trash Day Pickup
- 5/14 - Brush Pick up day
- 5/18 - Zoom Board Meeting

NEIGHBORHOOD BUSINESS HIGHLIGHTS



CONTACT US | (423) 654-8426

Check out Sage - our local med spa and a wellness clinic offering a variety of innovative treatments to help people shine from the inside out. They offer facial treatments, wellness, and body treatments.

- ▶ Laser Therapy
- ▶ Facial Fillers
- ▶ BOTOX®/Xeomin®



HEALTH & FITNESS



May is here, and with the weather warming up, it is time to get out there and enjoy the beauty of spring in SE Tennessee. Check out these fun springtime activities and see if you can incorporate any or all of them into your daily/weekly routines this month.

1. **Check Out the Local Farmers' Markets.** Visiting farmers' markets is a perfect activity for anyone. They are often open early in the morning so the hot afternoon sun can be avoided, and there is an abundance of fresh local produce to bring home. For those who become frequent visitors to their local markets, heading down on a weekly basis can become a social event as well.
2. **Have a Picnic in The Park.** What better way to bid farewell to winter than with a picnic? Welcome the month of May with a delicious meal enjoyed in your favorite local park. Invite friends and family to join in with a friendly kickball game to get in some great physical activity.
3. **Plant Something Green.** Another great spring outdoor activity is planting things. For folks who are not able to work on their knees, planting flowers in a hanging basket or raised beds for square foot gardening are great alternatives and watching a plant grow can be a rewarding experience. Have the kids join-in and teach them how to grow, tend and cultivate a garden of their own. Gardening is a great activity for all ages! In fact, studies show people, especially seniors, who care for plants, enjoy higher self-esteem and confidence as well as a sense of purpose.
4. **Visit An Outdoor Café.** After a long, chilly winter, spring offers the opportunity to enjoy a cup of coffee and a tasty treat at a local outdoor café. Sharing a meal with a friend or family member is also a terrific way to stay socially engaged and connected.
5. **Take a Scenic Stroll.** With everything blooming into life this spring, there are beautiful vistas of greenery everywhere you turn. Take a walk around the neighborhood and meet your neighbors or find a nearby park or trail for a nice leisurely stroll, which offers the opportunity to enjoy the natural surroundings while also promoting physical health.

Engaging in fun outdoor activities is a wonderful way for us to stay active and enhance our quality of life. Get out there and smell those beautiful May flowers!

Live your BEST life! - Cindy

NEIGHBORHOOD EVENT

Thank you for all of the neighbors that came out to celebrate the pool opening! It was a pleasure to meet and greet some familiar faces and meet new ones. With your continued support, the HOA will keep working on neighborhood events to bring our community together.

