

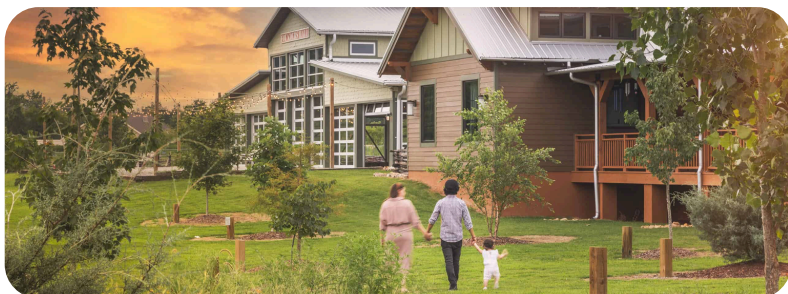


August Newsletter

LOCAL EVENTS NEARBY

Movie In The Park

Location: Little Debbie Park **Date/Time:** Friday 8/1 6:30PM
 Join us for an all-ages night of fun with a showing of Dreamworks' Madagascar. Food Trucks and activities will begin at 6:30pm. Movie will start around 9pm . Bring a chair and blanket!



Sunshine & Lemonade Festival

Location: The Commons **Date/Time:** Saturday 8/16 10AM-4PM
 Join us on August 16th at the Collegedale Commons for the Sunshine & Lemonade Festival! Don't miss out on this day of shopping, live music, and fun for the whole family. And, of course, hotdogs and lemonade!



Katie Lamb Public Library Upcoming Events

- 8/2 - Romantasy Book Club 2PM-3PM
- 8/3 - Chess Club 2PM-3PM (all ages)
- 8/4 - Book Besties 4:45PM-5:45PM (ages 7-13)
- 8/5 & 8/12 - Pre-School Story Time 10:30AM-11 AM (ages 3-5)
- 8/6 & 8/13 - Baby & Toddler Story Time 10:30AM-11 AM (0-36 m)



NEIGHBORHOOD ANNOUNCEMENTS

Back to School Pool Party - Join us for a fun night of swimming, Kona Ice, and Pizza to kick off the final days of summer!

Pool Reminders - Kindly remember to clean up after yourselves and lower the umbrellas before you leave. Your help in keeping the area tidy and safe is greatly appreciated!

🌿 August Yard Reminders 🌿

- Mow regularly: Keep your grass healthy by mowing once a week (but avoid cutting too short in the heat).
- Water wisely: Water early in the morning and aim for deep, infrequent watering to encourage strong roots.
- Weed often: Stay on top of weeds before they spread and steal nutrients from your lawn and garden.
- Trim & tidy: Prune overgrown bushes and remove any dead plants or limbs.
- Watch for pests: August heat can bring out insects—check for signs of damage and treat as needed.
- Edge and sweep: A quick edge along sidewalks and a sweep of clippings can keep everything looking neat.
- Hydrate plants: Container plants and flowers dry out quickly—check them daily!

COVENANTS & COMPLIANCE

Covenants and Compliance Committee Launches Review of HOA Governing Documents

The Wellesley HOA Covenants and Compliance Committee is initiating a comprehensive review of the community's Restrictive Covenants and Bylaws. This important process, expected to span approximately 60 days, aims to ensure that our governing documents remain clear, current, and reflective of the evolving needs of the neighborhood.

As part of this initiative, a public comment period will be scheduled, offering residents the opportunity to provide feedback and share suggestions before a final draft is prepared. The finalized version will be presented to the community at the upcoming Wellesley HOA Annual Meeting.

We are committed to keeping all homeowners informed throughout this process. You can expect regular updates in the coming months, including details on proposed revisions, additions, and enhancements to the documents. Your input will be invaluable—please stay engaged and help shape the future of our community.

Thank you,

Kenardo K. Curry

Chairperson Covenants and Compliance Committee

NEIGHBORHOOD COMMUNICATIONS



♥♥ Calling All Wellesley Neighbors! ♥♥

My rising 1st grader is working on a Summer Service Project, and we'd love your help! We've cleaned out toys and clothes to donate—but we thought, why not spread the kindness and get the neighborhood involved too?

We're collecting donations for the Samaritan Center, and we'd be thrilled to pick up any gently used toys, clothes, or household items you'd like to pass along.

📅 Porch Pickup Day: Monday, August 4th

🕒 We'll be driving around 10:00-11:00 AM

🗑️ Just place your items in a trash bag on your porch

📱 Text me at 806-786-4503 or comment/message me on Facebook if you'd like a pickup!

Let's teach our kids the joy of giving – one donation at a time! 🌟 Thank you, Wellesley!

-Neha Patel



FRIENDLY REMINDER

Stay connected with your neighbors and up to date on community events by joining our Facebook group:

Wellesley Neighbors – Ooltewah

How to Join:

1. Log into Facebook
2. Search for: Wellesley Neighbors – Ooltewah
3. Click 'Join' and answer any group questions

Or simply click here:

<https://www.facebook.com/groups/411220149719953>

Let's stay connected!



COMMUNITY EVENTS



Join us for

back to school

POOL PARTY

Let's make one more summer memory before the bell rings! 📅☀️

FRIDAY, AUGUST 8TH!
COME CELEBRATE THE END OF SUMMER WITH A SPLASH!

🍷 **KONA ICE: 6:00-7:00 PM**
🍕 **PIZZA SERVED: 7 PM**

BRING YOUR SWIMSUITS, TOWELS, AND FLOATIES!

The graphic features a grid background with various school and summer-themed icons: a bunting banner, a green apple with school supplies, a lightbulb, a magnifying glass, and a party hat with streamers.



CALENDAR REMINDERS

- 8/6 - Bulk Trash Day Pick Up
- 8/8 - Back to School Pool Party 6PM
- 8/13 - Brush Pick up day

NEIGHBORHOOD BUSINESS HIGHLIGHTS



Hello, Neighborhood Businesses!

We're putting together an updated list of local businesses right here in the neighborhood—and we'd love to include yours!

If you'd like to be featured, please text your business information to (925) 238-1178 by **August 30th**.

Let's support our local entrepreneurs and keep our community strong—**shop local, support local!**

FUN FACTS ABOUT

August

August is named after Augustus Caesar, the first Roman emperor and grandnephew of Julius Caesar, who named July after himself.

August Birthstone: Peridot
August Birth Flowers: Gladiolus and Poppy

- Aug. 1-7:** International Clown Week
- Aug. 3:** National Watermelon Day
- Aug. 8:** National Sneak Some Zucchini Onto Your Neighbor's Porch Day. (Or, use up that bounty with our [best zucchini recipes](#).)
- Aug. 10:** National S'mores Day
- Aug. 12:** Vinyl Record Day
- Aug. 13:** International Left-Handers Day
- Aug. 20:** International Geocaching Day
- Aug. 20:** World Honeybee Day
- Aug. 25:** Kiss-and-Make-Up Day
- Aug. 31:** National Trail Mix Day

HEALTH & FITNESS



How Can You Manage Exercising in Heat?


Welcome to August, Friends! It's been a sizzling summer so far and it will continue for several more weeks. It's also time for school to start back up and with that comes afternoon football practices, cheer practices, track, etc. Like many parents and grandparents, you may be thinking how do I keep my child(ren) safe during practices or training that will be held outside in the hot weather? Or you may be wondering how you yourself can manage exercising in the heat? The good news is there are several steps you can take to help manage and prevent health problems if you or someone you know must exercise in the heat. Steps to take include:

- Dress in lightweight, cool clothes.
- Wear sunscreen to protect exposed areas of skin from sunburn or other sun damage.
- Hydrate with water, electrolyte drinks, sports drinks, or juice.
- Snack on foods with a higher water content, such as fruits.
- Take breaks inside or sit in the shade every 15 to 30 minutes, or whenever you start to feel too hot.
- Try pre-cooling before you exercise, such as drinking an icy beverage or wearing a cooling vest.
- Avoid hot drinks or caffeine before exercising in the heat.

Notwithstanding, should heat become an issue during exercise, be aware of the symptoms and treatments for heat exhaustion and heat stroke (see diagram below).

Live your BEST life! - Cindy

HEAT EXHAUSTION	HEAT STROKE
Symptoms <ul style="list-style-type: none">- Faint or Dizzy- Headache- Profuse Sweating- Irritability- Weak, Rapid Pulse- Shallow Breathing- Pale, Cool, Clammy Skin- Nausea or Vomiting- Muscle Cramps	Symptoms <ul style="list-style-type: none">- Absence of Sweating- Pulsating Headache- Hot, Red, Dry Skin- High Body Temp: Above 103- Nausea or Vomiting- Strong, Rapid Pulse- Confusion- Convulsions- May Lose Consciousness
Treatment <ol style="list-style-type: none">1) Have victim lie down in a cool shaded area or air conditioned area.2) Drink water if victim is conscious.3) Use caution when victim stands up, apply cold compresses.	Treatment <ol style="list-style-type: none">1) DIAL 9112) Take action to cool victim by any means. Place victims in a cool area, wrap in wet towel, sponge victim with cool water.


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Info Source: MayoClinic.org