



# September Newsletter

## LOCAL EVENTS NEARBY

### The Fall Market



**Location:** Cambridge Square **Date/Time:** Saturday 9/6 11-4PM

We're getting close to the Fall Market and can't wait for you to shop amazing local vendors! 🌟 With over 40+ local vendors, food, crafts, and activities, it's the perfect way to spend the day with your family and support small businesses!

# The Fall Market at Cambridge Square

### 2nd Annual Autumn Festival

**Location:** The Commons **Date/Time:** Sunday 9/7 12PM-8PM

Enjoy free pumpkins (while supplies last), live music, shopping with local vendors, delicious food trucks, and special treats for the 21+ crowd. Kids will love the bounce houses, face painting, pony rides, petting zoo, balloon art, and more! A perfect way to celebrate the season with the whole family. 🌟🌟



## NEIGHBORHOOD ANNOUNCEMENTS

**We've got several updates coming your way! Be on the lookout for more details about:**

### Yard Sale - 9/25-9/27

**Community Yard Sale:** Sept 25-27, Shop treasures all weekend. Please park safely & no early birds!

**HOA Zoom Upcoming Meeting** - Our next HOA meeting will be held on 9/13 and 6:30PM-8PM. . All residents are welcome to attend. We will be hosting an open Zoom meeting for those who would like to join virtually. The link will be shared prior to the meeting. We look forward to your participation!

LINK

### Pool Season Wrap-Up 🌞 9/28

A big thank you to everyone who helped keep our pool and grounds looking beautiful this year. We had a few challenges along the way, but we're hopeful those are behind us.

The pool will officially close for the season on Saturday, September 28.

We've loved spending another summer together—see you next year! 🌴

– HOA Board





## COVENANTS & COMPLIANCE

### **Neighborhood Update**

If everything goes as planned, a draft version will be available for neighborhood review and public comment by mid October.

### **REMINDER -**

### **Covenants and Compliance Committee Launches Review of HOA Governing Documents**

The Wellesley HOA Covenants and Compliance Committee is initiating a comprehensive review of the community's Restrictive Covenants and Bylaws. This important process, expected to span approximately 60 days, aims to ensure that our governing documents remain clear, current, and reflective of the evolving needs of the neighborhood.

As part of this initiative, a public comment period will be scheduled, offering residents the opportunity to provide feedback and share suggestions before a final draft is prepared. The finalized version will be presented to the community at the upcoming Wellesley HOA Annual Meeting.

We are committed to keeping all homeowners informed throughout this process. You can expect regular updates in the coming months, including details on proposed revisions, additions, and enhancements to the documents. Your input will be invaluable—please stay engaged and help shape the future of our community.

Thank you,

*Kenardo K. Curry*

Chairperson Covenants and Compliance Committee


## NEIGHBORHOOD BUSINESS HIGHLIGHTS



**Dunamis Health Strategies** is a holistic approach to health incorporating mind, body, and spirit; rooted in a powerful blend of cutting-edge scientific understanding and time-honored Biblical principles in order to combat personal and national health crises by impacting health to the DNA level.

**Mission:** To provide powerful holistic health strategies that override your DNA.

**Vision:** To have a global impact in restoring lives mind, body, and soul.

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## COMMUNITY EVENTS

# YARD-SALE

**Yard Sale - 9/25-9/27**

 **Community Yard Sale – 3 Days!**

### What to Expect

- Dozens of homes offering furniture, clothing, kids' toys, tools, holiday décor, and more
- Neighborhood signs and an easy-to-follow layout for shoppers
- A fun, family-friendly way to shop and support your neighbors

### Reminders

-  Park carefully and avoid blocking driveways or hydrants
-  Cash is best; some sellers may accept Venmo/Cash App
-  Rain or shine

## CALENDAR REMINDERS



- 9/3 - Modified Trash Day
- 9/3 - Bulk Trash Day Pick Up
- 9/10 - Brush Pick up day



## FRIENDLY REMINDER

Stay connected with your neighbors and up to date on community events by joining our Facebook group:

**Wellesley Neighbors - Ooltewah**

### How to Join:

1. Log into Facebook
2. Search for: Wellesley Neighbors – Ooltewah
3. Click 'Join' and answer any group questions

Or simply click here:

<https://www.facebook.com/groups/411220149719953>

Let's stay connected!



## FUN FACTS ABOUT

# September

**September's name comes from the Latin word septem, meaning "seven." This month had originally been the seventh month of the early Roman calendar.**

**September Birthstone:** Sapphire

**September Birth Flowers:** Aster and Morning Glories

**National Hummingbird Day - 9/2**

**National Wildlife Day - 9/4**

**National Cheese Pizza Day - 9/5**

**Patriot Day - 9/11**

**National Grandparents Day - 9/11**

**National Guacamole Day - 9/16**

**International Talk Like a Pirate Day - 9/16**

**Native American Day - 9/23**

**National Family Day - 9/26**

**Coffee Day - 9/29**

## FITNESS & THE FAMILY



In today's fast-paced and technology-driven world, it's more important than ever to prioritize our health and well-being. As parents and grandparents, we play a crucial role in shaping the future of our families and the generations to come. A wonderful way to achieve this is by setting a positive example through good health practices. By embracing an active lifestyle and involving our loved ones, we can empower our family members to lead healthy and fulfilling lives.

Children most often learn through observation and imitation of their parents' behaviors. When making fitness a part of your daily life, you show your children and/or grandchildren the importance and value of physical activity and instilling healthy habits from an early age. Whether it's going for a walk, practicing yoga, or engaging in any other form of exercise, let your children witness your commitment and enthusiasm. Your actions will speak louder than words and inspire them to follow suit.

Incorporating fitness into family activities is an excellent way to develop a positive and inclusive environment. Instead of watching TV or playing video games, plan physical activities that get everyone moving. Fortunately, we live in a great area for family hiking, biking, ball parks, playgrounds, pickleball courts, etc., and with cooler weather on its way, the outdoor activities are endless (we personally love a family kickball game and picnic at Little Debbie Park). These shared experiences not only strengthen family bonds but also make exercise enjoyable for everyone involved. Remember, the goal is not to turn these activities into extreme workouts, but instead to enjoy your time together, have fun and be active as a family.

Setting realistic goals and a supportive environment are key to sustaining motivation and enthusiasm for fitness. Make sure your home is conducive to healthy habits by stocking up on nutritious food options and limiting the availability of sugary snacks. Encourage regular physical activity by creating designated spaces for exercise, such as a home gym or an outdoor play area. Additionally, involve your family in meal planning and preparation to foster a sense of ownership and make eating healthy a shared experience.

By celebrating achievements and instilling a love for fitness and a commitment to well-being in your family, you're passing on a legacy that will transcend generations. As your children and grandchildren grow up, they will carry these values with them, inspiring their own families and friends to lead active and healthy lives. Your dedication to fitness today has the power to shape the future of your family and community for years to come.

"Empowering Your Family Through Fitness: Setting an Example for ..." - Marika

*Live your BEST life! - Cindy*